

Description:

The SMH *Basic Life Support- React First* course contains updated content and science from the 2010 Guidelines for CPR and Emergency Cardiac Care. The BLS training course is a fun and interactive team building program that is designed to train individuals to respond to cardiac arrests with a particular focus on the SMH code blue protocols. It is a customized BLS course for SMH staff with an emphasis on early recognition of a cardiac arrest, delivery of good quality CPR and understanding the importance of early defibrillation for an adult within SMH. Use of hospital Automated External Defibrillator (AED) and relief of choking in adults, children and infants are discussed. Staff members are provided an opportunity to practice technical skills during hands-on simulation sessions in a friendly environment using hospital and unit specific equipment.

Content:

SMH BLS for Healthcare Providers (Course Code – BLSHCP)

- Recognition and treatment of a cardiac arrest
- Understand the role of the first and second responder during a cardiac arrest within SMH
- Relief of choking in an adult, child and infant is reviewed
- Hospital Automated External Defibrillator (AED) as per hospital policy is practiced
- Review of current SMH code blue policy
- Review use of current code blue hospital equipment, code blue team members and their assigned roles are reviewed
- Unit specific information may be added

Audience:

This course is intended for all St. Michael's Hospital Healthcare providers

All SMH healthcare providers are required to attend this course every 2 years.

SMH BLS for NonHealthcare Providers (Course Code – BLSNONHCP)

- Recognition and treatment of a cardiac arrest
- Understand the role of the first and second responder during a cardiac arrest within SMH
- Relief of choking in an adult, child and infant is reviewed
- Hospital Automated External Defibrillator (AED) as per hospital policy is practiced

Audience:

This course is intended for all St. Michael's Hospital NonHealthcare Providers or SMH staff that only have access to an AED (ie. Offsite clinics)

Registration:

Self-registration via the Learning Centre is available for participants. It is the staff member's responsibility to sign up via the Learning Centre. For assistance relating to the Learning Centre please contact Maxim Fishman at fishmanm@smh.ca Classes are offered Wednesdays, and Thursdays at the following times: 0800-1000, 1000-1200.

Unit specific group training can be requested via email at bls@smh.ca. Scheduling of these requests will be based on instructor availability.

Fees:

There is a charge of \$40/participant.

Contact:

Email: bls@smh.ca

Location: Resuscitation Training Centre 1-008Queen