



St. Michael's

DEPARTMENT OF LABORATORY MEDICINE
DIVISION OF MICROBIOLOGY

Document Name: Collection Instructions of a Clean
Catch Urine -
Males

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COLLECTION OF A CLEAN CATCH URINE - MALE

Materials supplied:

Sterile container
Biohazard transport bag
Requisition completed by physician or clinic

General information:

Early morning urine specimens are preferred, although urines collected at other times of the day are also acceptable.

Note: **30** to 60 mL of midstream urine is recommended for routine microbiology culture of urine specimens.

Collection Procedure:

1. Wash and dry hands thoroughly.
2. Unscrew and remove the top from the container. Use the marks on the container for guidance on the correct volume to be collected (**30** to 60 mL).
3. Hold the container with your fingers on the outside; do not touch the rim.
4. While holding the foreskin retracted (if uncircumcised) begin voiding.
5. Pass a small amount of urine into the toilet and then without stopping the flow, pass enough urine into the container to fill it approximately half full (approximately 5 seconds). Finish voiding into the toilet.
6. Screw cap tightly on the container.
7. Wash and dry hands thoroughly.
8. Write the patient's name along with the date and time of collection on the specimen container label.
9. Place the collected specimen inside the biohazard transport bag. Close the seal.
10. Place requisition in pouch on the side of the biohazard transport bag.
11. Refrigerate the specimen if delivery to the laboratory is delayed >30 minutes.

Deliver to the Microbiology laboratory within 24 hours of collection.

The microbiology laboratory will receive specimens 24 hours/7 days a week.

Microbiology Laboratory: St. Michael's Hospital, Cardinal Carter wing, 2nd floor – Room 2044
Telephone #: 416-864-5381

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