



St. Michael's

DEPARTMENT OF LABORATORY MEDICINE
DIVISION OF PATHOLOGY

Document Name: 24h Urine Collection Instructions
Document #: 59946
Status: Current

Uncontrolled When Printed

24 HOUR URINE COLLECTION

Materials supplied;

24 Hour Urine Container (Plain)

Materials needed but not supplied;

Requisition completed by physician or clinic

Collection Guidelines;

Collect urine output for a full 24 hour period

Collection Instructions;

For Proper evaluation of tests on 24 hour urine sample, it is important that a complete and accurate collection is done, as follows:

1. On the starting day, **void and discard the first urine after waking up.** Enter time and date below:

Start Date: _____, Time: _____ am Pm

2. Save in this bottle all the urine voided up to and including a specimen passed at exactly the same time the next day. Enter time and date below:

Finish Date: _____, Time: _____ am Pm

Example:

Start Time→ 7:00 AM January 01, 2019→ **Empty bladder (DO NOT Collect Urine)**

- For the next 24 hours, collect all urine output into the 24 Hr. container provided by the laboratory. Please gently mix/invert the bottle with each addition.

Finish Time→ 7:00 AM January 2, 2019→ **Collect urine sample (Last Collection)**

Authority for Issue: David Hancock	Authorized Date: 10/18/2019
Version: 1.3	Effective Date: 10/18/2019
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Storage Instructions;

Keep the urine refrigerated

Delivery to the Lab;

- Sample must be labelled with your **Name, Date Of Birth, MRN # and /or OHIP**
- Ensure the **START/FINISH** dates and times are written on the requisition
- Make sure the lid is tightly fastened
- **Deliver specimen to: Blood Collection Site or Core Lab. 2nd Fl Cardinal Carter Wing as soon as possible.**

Questions;

Please call the Department of Laboratory Medicine at 416-864-5082

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