

**St. Michael's Hospital
Medical Imaging**
30 Bond Street, Toronto, ON, M5B 1W8
3rd Floor, Cardinal Carter Wing
Phone: 416-864-5885
Fax: 416-864-3051

**Sumac Creek Health Centre
St. Michael's Hospital**
73 Regent Park Blvd, Toronto, ON,
M5A 2B7 - 3rd Floor
Phone: 416-864-6060 ext. 76840
Fax: 416-864-6052

Appointment Date: _____ Time: _____

Abdomen / Doppler Abdomen & Renal Artery / Doppler Portal Vein

***Morning Appointment:**

Nothing to eat or drink after midnight

***Afternoon Appointment:**

May have a light breakfast (cup of black tea or coffee with two slices of dry toast) no later than 8:00 AM

Nothing to eat or drink after 8:00am

*If you are diabetic you can have one piece of dry toast and one glass of juice before a morning exam, if your exam is in the afternoon you may have a light low or no fat diet. Please inform the booking department if you are diabetic, we will try to accommodate morning appointments.

*Oral medications can be taken with a small amount of water

*Do not smoke or chew gum prior to your exam

Abdomen / Pelvis

Same preparation as **Abdomen / Doppler Abdomen & Renal Artery / Doppler Portal Vein**

And please do not empty your bladder for one hour before the ultrasound appointment.

Abdomen / Pelvis with Post Void

Same preparation as **Abdomen / Doppler Abdomen & Renal Artery / Doppler Portal Vein**

And Drink 20 oz (3 cups) of water two hours before your ultrasound appointment, then stop voiding and drinking prior to your appointment, your bladder must be in a comfortable full state

Pelvis / Transvaginal / Obstetrical

Do not empty your bladder 2 hours before your appointment time, drink normally.

Pelvis with Post Void

Drink 20 oz (3 cups) of water one-two hours before your ultrasound appointment and do not empty your bladder prior to your appointment

Doppler Renal Transplant – No prep

Lower Extremity and Carotid Doppler – No prep

Musculoskeletal (MSK) or Soft Tissue – No prep

Soft Tissue – No prep

Thyroid (Face and Neck) – No prep

Scrotum – No prep

Transrectal - You should have a fleet enema early morning before the exam

Renal/KUB (kidneys, ureters and bladder)/Limited Abdomen and Limited Pelvis (for nephrology and urology only):

Drink normal and do not empty your bladder one hour before your appointment

Instructions for thyroid biopsies, prostate biopsies and sonohysterograms are issued through the hospital