

St. Michael's

Inspired Care.
Inspiring Science.

www.stmichaelshospital.com

Bone Mineral Density Requisition

MEDICAL IMAGING USE ONLY

Exam Date :

Exam Time :

St. Michael's Hospital

Medical Imaging Department
30 Bond St. Toronto ON M5B 1W8
3rd Floor, Cardinal Carter Wing
Tel. 416-864-5115
Fax 416-864-5037

St. Michael's Health Centre

Centre for Diabetes & Endocrinology
61 Queen St. E. Toronto ON M5C 2T2
7th Floor, Bone Mineral Density
Tel. 416-867-3679
Fax 416-867-3654

No location preference

Book at first available site

BMD Accession #:

VFA Accession #:

A. PATIENT INFORMATION

MRN	DOB	<input type="checkbox"/> Female <input type="checkbox"/> Male <input type="checkbox"/> Intersex <input type="checkbox"/> Other (specify): _____	
Last Name		Transgender: <input type="checkbox"/> Female-to-male <input type="checkbox"/> Male-to-female	
First Name		Preferred Name:	
Street Address		Pregnant? <input type="checkbox"/> Y <input type="checkbox"/> N	Height (cm)
City	Prov	Postal	Breastfeeding? <input type="checkbox"/> Y <input type="checkbox"/> N
Tel.1 #	Consents to messages <input type="checkbox"/> Y <input type="checkbox"/> N		Allergies (specify):
Tel.2 #	Consents to messages <input type="checkbox"/> Y <input type="checkbox"/> N		Interpreter (language):
Health Number		Version	Special Needs (specify):
<input type="checkbox"/> IFH <input type="checkbox"/> Self-Pay <input type="checkbox"/> WSIB Claim #			Other (specify):

B. EXAM ORDERED

BMD is an OHIP insured service only when diagnosis and follow-up is likely to alter patient management. Please refer to MOHLTC (www.health.gov.on.ca) and Osteoporosis Canada (www.osteoporosis.ca) exam ordering guidelines.

- BMD – **baseline** exam (first BMD exam in Ontario)
- BMD – **low risk** for osteoporosis (low risk follow-up BMD must be >3 years after baseline or >5 years after last low risk exam)
- BMD – **high risk** for osteoporosis (high risk follow-up BMD must be >1 year after baseline or >1 year after last high risk exam)
- Add Forearm BMD for hyperparathyroidism or as a second site
- Other: _____

C. PRIOR BMD & Rx INFORMATION

Prior BMD Exam: None St. Michael's Other Facility Patient on prescription osteoporosis therapy (specify)

Prior BMD Date: _____ Osteoporosis Rx: _____

Prior BMD Result: Low risk Moderate risk High risk Total Rx duration: _____

D. ORDER REASON (PLEASE PRINT)

DEPARTMENT USE ONLY

SMH Previous BL LR3 LR5 HR

OHIP Previous

Book exam after: _____ as BL LR3 LR5 HR

E. ORDERING PHYSICIAN (PLEASE PRINT)

Physician Name		Physician Signature	Order Date
Street Address		x	
City	Prov	Postal	Billing #
Tel. #	Fax #		CC ₁
			CC ₂

EXAM INFORMATION

LOCATIONS

WE HAVE TWO BONE DENSITY TESTING LOCATIONS

CHECK YOUR APPOINTMENT NOTICE TO CONFIRM THE ASSIGNED LOCATION

St. Michael's Hospital

Medical Imaging Department

30 Bond Street, Toronto, ON, M5B 1W8

3rd Floor, Cardinal Carter Wing

★ Mechanical lift available at this location only

Rebooking line: 416-864-5115

Check-in: Medical Imaging Reception

St. Michael's Health Centre

The Centre for Diabetes & Endocrinology

61 Queen Street East, Toronto, ON, M5C 2T2

7th Floor, Bone Mineral Density

Rebooking line: 416-867-7460 ext. 8457

Check-in: Centre for Diabetes & Endocrinology

Please provide 48 hours' notice to cancel or reschedule this appointment

GENERAL INSTRUCTIONS

- ❖ Arrive 15 minutes early to check-in
- ❖ Bring your Ontario Health Card (OHIP card) or other health insurance information
- ❖ Bring a list of the medicines and supplements you take

WHAT TO EXPECT

Bone Mineral Density

This exam checks the strength of your bones

A low-dose x-ray of the lower back and one hip joint

This test will take about 20 minutes

Vertebral Fracture Assessment

This exam checks for fractures (breaks) in your spine

A low-dose x-ray of the mid-to-lower back

This test will take about 20 minutes

PREPARATION INSTRUCTIONS

- ❖ Eat and drink normally before and after this exam
- ❖ Do not take calcium or iron pills the day of your exam
- ❖ Bring a list of the medicines and supplements you take
- ❖ CT and x-ray contrast may affect the BMD results – book BMD at least 2 weeks after these exams
- ❖ Nuclear Medicine isotopes may affect the BMD results – book BMD at least 2 weeks after these exams
- ❖ Do not wear clothing that contains metal as they may get in the way of the pictures (e.g. metal buttons, zippers, rivets, etc.); hospital gowns are available if you need to change for the exam

PATIENT LIFTS & TRANSFERS

Note: Patients that need help moving from wheelchair to bed should be booked at our 30 Bond Street location

★ A mechanical lift is only available at the 30 Bond Street location

Maximum BMD table weight limit 204 kg (450 lbs)