8th Annual Arthritis Day for Primary Care Practitioners
Practical Solutions to Common Problems
Osteoporosis

Sponsored by the Martin Family Arthritis Care & Research Centre, Mobility Program, St. Michael’s Hospital & The Arthritis Society, Ontario Division

Saturday, November 14, 2009
St. Michael’s Hospital
Paul Marshall Lecture Theatre, Ground Floor, B1, Queen Wing
30 Bond Street, Toronto, ON  M5B 1W8

Course Objectives:
- Participants will learn an evidence based and current approach to investigation and management of osteoporosis.
- Participants will learn an approach to prevent and deal with the fracture complications of osteoporosis.
- Participants in small group sessions will have the opportunity to learn and improve clinical skills in the management of common musculoskeletal disorders.

Learning Objectives:
- Participants will be able to assess and manage patients with osteoporosis.
- Participants will be able to perform screening MSK, knee and shoulder exam.
- Participants will be able to manage OA (non-operative).

Fee:
Physicians $95.00
Residents $35.00 with letter from their Program Director
Allied Health Professionals $65.00

Registration limited to 100.

Target Audience:
This symposium is directed toward practicing family physicians, internists, physical and occupational therapists, registered nurses, allied health professionals with an interest in MSK disorders, as well as trainees in the aforementioned fields.

Accreditation:
This Program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for up to 6.0 Mainpro – M1 credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, approved by [University of Toronto] – 6.0 Section 1 credits (6.5 hours).

SESSION I
Moderator – Dr. Daniel Whelan
8:10-10:00   Osteoporosis Management
8:10-8:50   The Science and Physiology of Osteoporosis
Dr. Heather McDonald-Blumer
8:40-9:25   Risk Assessment; 10 Year Fracture Risk
Dr. Sophie Jamal.
9:25-10:00   Exercise and Physical Therapy in Osteoporosis
Beverly Bulmer

SESSION II
Moderator – Dr. Rachel Shupak
10:30-11:20   KEYNOTE SPEAKER
Current and Emerging Therapies for Osteoporosis
Dr. Angela Cheung

SESSION III
1:35-2:35   Small Group Sessions (2 choices)
2:40-3:40
1. The Screening MSK Exam
   Dr. Louise Perlin
2. Serology in the Diagnosis and Follow-up of Patient's with Arthritis
   Dr. Rachel Shupak
3. The Knee and Shoulder Exams
   Drs. Daniel Whelan and Jeremy Hall
4. Non Pharmacological Management of OA
   Caroline Jones  and Angelo Papachristos
5. Neck and Low Back Pain; the Good, the Bad, and When to Refer.
   Dr. Henry Ahn
6. Upper Extremity Tendinopathies
   Dr. James Mahoney

3:45-4:30   Wine and Cheese Reception
Guest Speakers

Angela M. Cheung, MD, PhD, FRCPC
Associate Professor
Director, UHN / MSH Osteoporosis Program
Associate Director, UHN Women’s Health Program
Director, Centre of Excellence in Skeletal Health Assessment

Sophie Jamal, MD FRCP(C) PhD
Associate Professor
Department of Medicine
Women’s College Hospital

Heather McDonald-Blumer, MD FRCP(C)
Associate Professor
Department of Medicine
Mount Sinai Hospital

St Michael’s Hospital Faculty

Henry Ahn, MD FRCS(C)
Assistant Professor
Division of Orthopaedic Surgery

Beverly Bulmer, BSc PT
Clinical Tutor
Department of Physical Therapy

Victoria Elliot-Gibson
Research Coordinator
Mobility Program

Jeremy Hall, MD FRCS(C)
Assistant Professor
Division of Orthopaedic Surgery

Caroline Jones, BSc PT
Clinical Tutor
Department of Physical Therapy

James Mahoney, MD FRCS(C) FACS
Associate Professor
Division of Plastic Surgery

Angelo Papachristos, BSC Hon PT
Clinical Lecturer
Department of Physical Therapy

Louise Perlin, MD FRCP
Associate Professor
Division of Rheumatology

Rachel Shupak, MD FRCP(C)
Associate Professor
Division of Rheumatology

Daniel Whelan, MD MSc FRCSC
Assistant Professor
Division of Orthopaedic Surgery

Course Directors
Dr. Rachel Shupak
Dr. Daniel Whelan

Course Committee Members
Caroline Jones PT
Dr. Michael McKee
Dr. James Mahoney
Dr. Louise Perlin
Dr. Barbara Varis
Dr. Marc Lebeau
Rezi Roberts (Administrative Assistant)

Declaration of Potential Conflict of Interest

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

Notes

• A refund will not be issued for cancellations received after November 1, 2009.
• All cancellation notices must be in writing.
• A processing fee of $25.00 will be retained on all cancellations.
• Post-dated cheque will not be accepted.

Sponsors:

• Amgen Pharmaceutical
• Hoffmann-La Roche Ltd.
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• Procter & Gamble
• Turner Medical
• Wyeth Pharmaceutical

Map:

Application Form – 8th Annual Arthritis Day

If mailing this application, please send no later than November 1, 2009 to:
St. Michael’s Hospital, 30 Bond Street, Room 6-012 Queen Wing, South, Toronto, ON M5B 1W8
Fax: 416-864-3097 Telephone: 416-864-6060 ext. 6182

☒ Enclosed a cheque for $95.00 / $65.00 / $35.00 payable to the St. Michael’s Hospital.

☒ Paying by VISA or MasterCard

PLEASE PRINT

Title Surname Given Names Fax Number

Address

City Province Postal Code Hospital/Faculty

Business Telephone Type of Practice/Occupation

If paying by ☒ VISA or ☒ MasterCard please complete the following:

Card Number:
Expiry Date:
Name on Card:
Authorized Signature:
Amount:

SESSION III

Please list in order of preference 1– 6. We will try to accommodate first two choices, if possible.

1. Screening MSK Exam
2. Serology in the Diagnosis & follow up of patients with arthritis
3. Knee and Shoulder Exam
4. Non-operative Management of OA
5. Neck and Low Back Pain
6. Upper Extremity Tendonopathies.